

Binder Lift Skills Sheet

Name: _____

Date: _____

Prior to taking the practical skills test examinee should watch the Binder Lift training video at www.binderlift.com/training.

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precaution	1	
Conducts brief patient assessment to rule out possibility head, neck or back injury	1	
Demonstrates knowledge of Binder Lift's adjustability (pass male buckle through adjustability loop or verbalizes there is no need to size down)	1	
Places top cushioned edge of Binder Lift high in the armpits of patient using appropriate method	1	
Loosely fastens chest buckles	1	
Ensures leg strap receiver buckles are centered on the patient	1	
Fastens leg straps to appropriate tension	1	
Tightens chest buckles to appropriate tension	1	
Two or more caregivers stand on either side of the patient and grasp handles that are most comfortable for their hand placement	1	
Team lift patient while using proper lifting mechanics (lift with the legs, no bending of the back, keep patients weight close to their body, no twisting while lifting)	4	
Total:	13	

Examiner: _____